

21 Day Daniel Fast



Day 15 – 21

REVIVAL
LIFESTYLE CHURCH
rlc

Magnify the Lord.

King David was a man after God's heart. He was a man who fasted often. After he was anointed king, he spent many days running for his life from King Saul. David wrote [Psalm 34](#) while alone and on the run from Saul in the land of the Philistines.

BUT David stirred himself to worship God even in those conditions, proclaiming: "I will bless the Lord at all times; His praise shall continually be in my mouth" Psalm 34:1.

Verse 4: "I sought (inquired of) the Lord and required Him [of necessity and on the authority of His Word], and He heard me, and delivered me from all my fears."

Verse 7: "The angel of the Lord encamps around those who fear Him [WHO REVERE AND WORSHIP HIM WITH AWE] and each of them He delivers."

A casual worshipper would have been totally overwhelmed by the circumstances David found himself in... but David knew His God and the power of worship and praise!

DAVID KNEW THAT TO WORSHIP GOD WAS TO MAGNIFY GOD!

DAVID'S INVITATION TO ALL OF US TO "MAGNIFY THE LORD WITH ME" STILL STANDS TODAY...

verse 3: "O, magnify the Lord with me, and let us exalt His name together."

In the Hebrew the word magnify has some of the following meanings: boast, lift up, magnify, proudly spoken...

Funk and Wagnalls dictionary defines magnify as: to enlarge, to extol, to exalt; glorify.

This week: "Magnify the Lord with me,
and let us exalt His name together.!"

When you passionately worship, you magnify God. Your enemies or circumstances may seem to be so large and powerful that they are all you can see. BUT when you passionately worship, the Lord will be magnified and the size and power of everything else around you is reduced.

Remember [verse 4](#): “I sought the Lord, and He heard me, and delivered me from all my fears!”

God hears you when you set your heart to worship Him.

When you magnify the Lord, you shrink the supposed power of your enemy, the devil. The greatest thing you can do in the midst of a battle is magnify the Lord!

An encouragement to persevere in prayer.

Also Jesus told them a parable to the effect that they ought always to pray and not to turn coward (faint, lose heart, and give up)

[Luke 18:1 Amplified](#)... read [Luke 18: 1 – 9](#).

Rejoice and exult in hope; be steadfast and patient in suffering and tribulation: be constant in prayer.

Romans 12 :12

**Be unceasing in prayer [praying perseveringly] ...
pray continually**

1 Thessalonians 5:17

Don't give up in prayer!

Don't get discouraged and start doubting.

When we get discouraged we could question ourselves: “Perhaps I'm not praying correctly” remind yourself of the above Scriptures and don't give up!

God puts us into the practicing school of persevering prayer so that our faith may be strengthened and to enjoy closer fellowship with Him. The nearness and love of God are more to us than the answers to our prayers **and so we continue to pray!**

Day 15

PRAYER FOCUS: BODY OF CHRIST.

Christians all over the world need prayer. In China, believers meet in secret locations in the underground church. If they are discovered, they risk being beaten, tortured, imprisoned, and worse, for their faith. In Ethiopia, believers are brutally attacked and suffer greatly when they refuse to renounce Jesus.

In other hostile and closed regions, brave believers share the Word of God with others at great personal risk. Even in our “Christian” nation, the cross of Christ and our beliefs are constantly under attack. So, on this eighteenth day of your fast, concentrate in prayer on the Body of Christ — those who are suffering and persecuted for their faith, those who are struggling to hold on to their faith, and those whom the devil wishes to pick off from our younger generation.

Ephesians 6:18 (NIV) And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.

Declaration:

Lord we ask for a spirit of boldness for all the persecuted Christians.

We declare that as they Share the Word of God fruitfulness will follow:

- **The unreached people will receive Christ as their Saviour**
- **There will be healing and miracles following the preached Word of God.**

There will be an outpouring of the Holy Spirit.

We pray for protection and provision over them and their families.

We thank you, Lord, for them and the work they are doing.

Lord, we declare that they will go from strength to strength and the anointing of God shall increase in their lives.

And if one member suffers, all the members suffer with it; or if one member is honoured, all the members rejoice with it.

1 Corinthians 12:26

DAY 16 (Part 1)

PRAYER FOCUS 1: Revealing Giftings (Personal and Spiritual)

When you read Paul's letters, you see that he kept around him people of different backgrounds and people with different gifts. In other words, he had some people who were gifted at hospitality. He had some people whose main contribution was prayer.

No matter what the gift is, it must be opened. It is to bless you and others around you. God has given you unique and special divine enablements; gifts, as it were.

Are you using them to glorify Him and advance His kingdom? Have you fully discovered what those gifts are yet? Today, ask God to show you what your gifting — both personal and spiritual — may be.

Study [1 Corinthians chapter 12, 13, 14](#)
[Romans chapter 12:4 - 8](#)

**As each one has received a gift, minister it to one another,
as good stewards of the manifold grace of God.**

[1 Peter 4:10](#)

See Part 2 of Day 16 on the next page.

Day 16 (Part 2)

PRAYER FOCUS 2: Personal Ministry

God has given you giftings to use for His purposes. It makes me think of Abraham and the five dynamics that brought him into the place of ministry, the place of destiny that God had for him.

- First, he could “hear” God.
- Second, Abraham believed what he heard.
- Third, he came to a place of denouncing the comfort zone he lived in, in order to follow God’s leading.
- Fourth, Abraham had the courage to follow God’s direction for his life.
- And finally, he had the tenacity to focus on the promise and not the problems that stood in his way.

So, on this day of the fast, I encourage you to pray and seek God about His purpose and plan for your life, your ministry unto Him.

**Then Jesus said to His disciples,
“If anyone wishes to come after Me, he must deny himself,
and take up his cross and follow Me.”**

Matthew 16:24 NASB

DAY 17

PRAYER FOCUS: Lord, make me a disciplined, consistent disciple!

Mark 8:34 – 37 (NIV) Then he called the crowd to him along with his disciples and said: “Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?”

Matthew 4:19 – 20 (NIV) “Come, follow me,” Jesus said, “and I will send you out to fish for people.”
At once they left their nets and followed him.

Hebrews 11:6 (NIV) And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.

Keys mentioned here:

- If anyone would come after Me (Jesus), *he must deny himself and take up his cross and follow Me.*
- Come follow Me (Jesus)...*at once they left their nets and followed Him.*
- He who comes to God must believe that He is AND that *He is a rewarder of those who diligently seek Him.*

Lord, help us to deny ourselves and follow you.

Let us not hesitate to obey and follow you.

Let us never doubt you. May we be ‘diligent’ in diligently seeking You!

Thank you that you reward those who do.

Help us to be disciplined and consistent in studying Your Word, prayer and fellowship.

What areas do you need to put in place to be a disciplined follower of Jesus – pray about them today.

Do you need to set a specific time to study God’s Word and pray?

Plan that time now!

“My sheep hear My voice and I know them, and they follow Me.

John 10:27

Make sure Jesus is your Shepard today!

DAY 18

PRAYER FOCUS: Binding Oppression and Fear

Oppression and fear are tactics of the enemy which can have devastating effects in our lives!

The Lord says in **Isaiah 58:6**, “[Rather] is not this the fast that I have chosen: to loose the bonds of wickedness, to undo the bands of the yoke, to let the oppressed go free, and that you break every [enslaving] yoke?” [Acts 8:23.]

“You shall establish yourself in righteousness
(rightness, in conformity with God's will and order):
you shall be far from even the thought of oppression or
destruction, for you shall not fear,
and from terror, for it shall not come near you.”

Isaiah 54: 14 (AMP)

This is an amazing promise:

- Establish yourself in righteousness.
- Far from even the thought of oppression or destruction!
- You shall not fear.
- Far from terror, for it shall not come near you.

“How God anointed and consecrated Jesus of Nazareth
with the [Holy] Spirit and with strength and ability and power;
how He went about doing good and, in particular,
curing all who were harassed
AND OPPRESSED BY [THE POWER OF] THE DEVIL,
for God was with Him.”

Acts 10:38 (AMP)

Remember that according to **2 Timothy 1:7**... God has NOT given us
a spirit of fear, BUT a spirit of power, of love and a sound
mind/self-discipline!!

AND Isaiah 61:3... God has given us the oil of gladness instead of
mourning... a garment of praise instead of a spirit of
heaviness/despair!!

Confess these Scriptures and put on that garment of praise!
Declare that you are a new creation in Christ Jesus;
that you are an overcomer and more than a conqueror in Christ!

Declare that oppression shall not come near you and rejoice in your
salvation!

DAY 19

PRAYER FOCUS: Revival

Revival is when earth is attacked by heaven. Revival is an awesome move of God that affects you in powerful ways. Revival is when you get closer to heaven than you are to anything on earth. We need revival in South Africa.

We need heaven to touch earth with power. So, as you near the end of your fast, pray for revival. Ask God to send the rain of His Spirit on the land to break up the hardened hearts and bring forth a harvest of souls.

Cry out for it as a desperate man crying out for water in the desert. Our young people need revival. We need revival. The church needs revival. In the past, the great revivals were always preceded by seasons of fasting and prayer. Do not grow weary, but stand strong in the power of His might!

Lord, I have heard of your fame; I stand in awe of your deeds, O Lord. Renew them in our day, in our time make them known; in wrath remember mercy.

Habakkuk 3:2 NIV

DAY 20

PRAYER FOCUS: Labourers into the Harvest Field

God said,

“Ask of Me, and I will give you the nations for your inheritance,
and the ends of the earth for your possession.”

Psalm 2:8

Jesus told us,

“Ask the Lord of the harvest, therefore,
to send out workers into his harvest field.”

Matthew 9:38 NIV

On this twentieth day of your fast, focus your prayers on these two key instructions from heaven. Cry out to God to save multitudes in the valley of decision. Cry out for the lost and hurting, the poor, the addicted. Ask Him to send missionaries, ambassadors of His Word, into the earth.

The people who sat in darkness have seen a great light,
and upon those who sat in the region and shadow of death
Light has dawned.

Matthew 4:16

DAY 21

PRAYER FOCUS DAY 21: A Spirit of Prayer for the Holy Spirit to Fall

Why is this the prayer focus on the last day of your fast? Because by now you are so sensitive to the Holy Spirit that you realize nothing else will satisfy. Nothing else will do in a world gone mad. This world needs the touch of God. It needs the sweeping movement of the Holy Spirit convicting men of sin and drawing them to the cross.

But you have to hunger for it. There is a difference between wanting a drink and being thirsty. When you're thirsty, everything in you says, "I've got to have it." And when you get thirsty, He'll pour out His Spirit.

So, focus your prayers today on a spirit of prayer to be released on Churches and homes across the land, pray that God will pour out His Holy Spirit and revive us again!

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through Whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God.

And not only that, but we glory in tribulations, knowing that tribulation produces perseverance, and perseverance, character, and character, hope.

Romans 5:1 - 4



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